

USER GUIDE



How to use **PROCUTiN** on the Skin

- Shake the bottle before use.
- Lightly dampen the skin with wet hands.
- Spray Procutin lightly across the skin.
- Use the product every night before bed.
- Do not rinse after use.

You can safely use Procutin on the scalp, face, and body.
For best results, use every night for 4-6 months.

Procutin is made with safe ingredients, so it is gentle, yet effective on the skin. It is perfectly suitable for long-term and daily use.



How to use **PROCUTiN** on sensitive skin

Procutin is formulated to be suitable for sensitive skin when its concentration is gradually increased over a period of time. Do not mix Procutin with tap water.

- In the first week, mix the product with water in a ratio of 2 to 10.
- In the second week, mix the product in a ratio of 4 to 10 with water.
- In the third week, mix the product in a ratio of 7 to 10 with water.
- You can use the product in full concentration in the fourth week.

How to use **PROCUTiN** on a surface

- Spray on your comb, pillowcases, bedding, and other personal items.
- Spray on salon/clinic equipment, and surfaces that are in direct contact with the client's skin and hair.

What to expect in the first few months of using **PROCUTiN**

In the first few months of using this product, distressing symptoms such as itching, redness and inflammation begin to improve as mite populations decrease.

In some people with severe infection, the signs may worsen for a while before they start to improve. This is called the "DIE-OFF REACTION." When there is the sudden death of a large number of Demodex, their bodies release substances that cause our bodies to react with an inflammatory response. This is completely normal and shows the extent of your Demodex overpopulation. However, you can lessen this reaction by following the sensitive skin formula mentioned above.

Procutin eliminates the painful symptoms of a Demodex infestation and gives you holistic relief from symptoms. Procutin targets mite populations at the source and gradually reduces them over time.

General tips for using **PROCUTiN**:



- Procutin can be used over the entire body.
- We discourage the use of other topical products to avoid providing mites with additional food sources. If the use of other topicals are necessary, try and use them in the morning.
- Use soaps and cleansers only when necessary, as excessive use dries the skin. Instead, try massaging the skin under warm water and finish under cool water.
- Replace lotions and moisturisers with coconut oil if your skin is dry. Greasy cosmetics and creams can actually feed the Demodex mites, and slow down the treatment process.

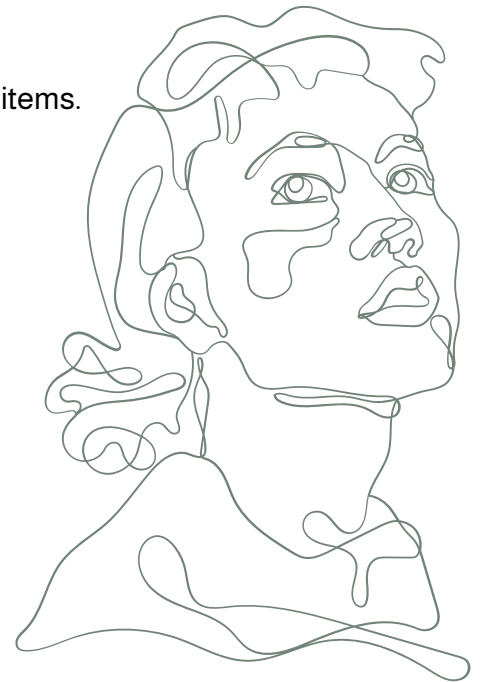
Lifestyle Modifications to Optimise **PROCUTiN**'s Benefits

Challenge yourself by:

- Quit smoking and drinking.
- Ditch the sedentary lifestyle.
- Do not share your personal items with others and avoid using others' items.
- Eat less fatty and fried foods.
- Do not use oily cosmetics and health products.
- Avoid stress.

Indulge yourself in:

- Exercise regularly and drink plenty of water.
- Laugh often and adopt a positive outlook.
- Eat more immune-boosting foods.
- Get enough sleep.
- Use skin cleansers only when necessary.
- Wash your skin in warm water and then rinse in cold water.
- Use only oil-free cosmetics and natural products.



Getting Rid of **Demodex** in the Immediate Environment

Here are some smart ways to prevent Demodex from returning to the skin or spreading to others:

- Spray a small amount on items that come in direct contact with the skin on a nightly basis.
- Expose fabrics such as bedding and towels to the sun for several hours daily where possible.
- Do not reuse contaminated items for 2 to 3 days.

Disclaimer

The information in this article is accurate to the best of our knowledge. However, this information does not establish a legally valid contractual relationship and all responsibility for the use of the product lies with the buyers.